

JAPAN TRIP 2009

Welcome to the Japan Trip 2009 Information Session! Japan Trip is a **non-credit** field trip organized by Harvard School of Public Health (HSPH) Student Club of Japan and Boston University School of Public Health (BUSPH) JT organizing committee. The objective of the trip is to understand public health in Japan and to enjoy Japanese culture. The theme for this year is: **“Factors Behind the Healthy Longevity.”**

Date:

March 21 (Saturday) –March 29 (Sunday), 2009 (During the HSPH Spring Recess)

Places to visit:

*Subject to change

US → JAPAN	21-22Mar	Welcome party at 22 Mar evening
Tokyo	22-24Mar 3nights	Ministry of Health (discussion on challenges of healthcare and public health system), hospital visit, Tsukiji fish market, National Leprosy Museum, sightseeing, etc.
Okinawa	25-26Mar 2nights	Nakijin village (communicate and participate in activities with local elderly), public health center and clinic visits, etc.
Kyoto and Oosaka(Optional)	27-28Mar 2nights	The World Heritage shrines and temple, sightseeing, farewell party etc.
JAPAN→US	29 Mar	Osaka Castle, Osaka Gymnasium (watch sumo wrestlers), sightseeing, etc.
		Arrive at Boston around 17p.m.

Application:

First-paid, First-serve

Application: November 25 (Tuesday) at noon - December 10 (Wednesday) at noon

If you would like to attend the Japan Trip, please visit <http://hsph.jp/JT/> and fill out the application form **online**. A non-refundable **\$300** deposit must be paid by **December 12 (Friday)**. We will notify you by e-mail when you are accepted to Japan Trip.

Budget:

Estimated Cost: US \$1,200

Included:

Accommodations (7 nights, breakfast included), Meal expenses (couple of lunch and 3 dinners), Airfare/Ground transportation in Japan

Not-Included:

Intl. Airfare (Boston (BOS) - Narita (NRT), Osaka (KIX) - Boston (BOS)), Insurance, US Ground transportation, Visa-related expenses, **Optional tours** (including ground transportation), Other miscellaneous expenses

IMPORTANT INFORMATION

Thank you for your interests to the Japan Trip. This information contains important details regarding the trip. Please read carefully, and if you have any questions, please do not hesitate to contact us at: <http://hsph.jp/JT/contact.html>

1. Deposit – Deadline: December 12 (Friday), 2008

Your registration will be completed once we receive your deposit payment. Registrations will be handled on a **first-paid, first-serve basis**. Please pay your non-refundable deposit of \$300 by the deadline. As for payment methods, we will inform applicants by e-mail.

2. Air Ticket

You are responsible for booking your round-trip flights to Japan (Intl. Air Ticket).

Information and recommendations on air ticket will be provided later on. Although we strongly recommend you to stay in Japan until the last day, it is possible to make special arrangements under extreme circumstances. Please contact us as soon as possible. Also, if you are planning on flying to Japan from outside of Boston, please let us know.

3. VISA

U.S. and Canadian citizens do not need a VISA to travel to Japan, but some certain nationalities need a VISA*. Please check the **Ministry of Foreign Affairs**'s website (http://www.mofa.go.jp/j_info/visit/visa/02.html) for VISA Exemption countries.

Ask details for **Consulate-General of Japan in Boston** Visa Office.

(http://www.boston.us.emb-japan.go.jp/eng/Visit_Japan/visitingjapan.htm)

Also, please contact **Harvard International Office** (<http://www.hio.harvard.edu/>) for further questions. Even though **it is your responsibility to obtain a VISA on time by yourself**, we are glad to assist you.

4. Insurance

Students at HSPH and BUSPH are not covered by university health insurance plan. It is your responsibility to sign up for a travel insurance plan provided by insurance companies. Your safety is our priority; you are strongly recommended to be properly insured.

5. Immunization

CDC recommends Routine (MMR, DPT, etc.), Hepatitis B, and Japanese encephalitis vaccinations before visiting Japan. For more information on health related issues, please visit <http://wwwn.cdc.gov/travel/destinationJapan.aspx>.

Contact information:

HSPH Student Club of Japan/ BUSPH JT organizing committee

Contact : <http://hsph.jp/JT/contact.html>

Web site: <http://hsph.jp/JT/>

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